



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# BASKETBALL SCHEDULE: 11/29/2021 TO 12/18/2021

**Facility Hours:**

M-F 6:00AM to 9:00PM

Sat. 7:00AM to 5:00PM

Sun. 8:00PM to 5:00PM

Pre-registration for gym court access is required. No walk-ons are permitted

4 members per court max - no spectators

We are not permitted to run pickup games per NYSDOH guidelines. All court access must be for practicing skills (shooting, dribbling, etc.)

Membership is required. No guests or day passes.

All group exercise classes will be moved into upstairs studio

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-6:45AM OPEN	6:00-6:45AM OPEN	6:00-6:45AM OPEN	6:00-6:45AM OPEN	6:00-6:45AM OPEN		
7:00-7:45AM PROGRAMING	7:00-7:45AM PROGRAMING	7:00-7:45AM PROGRAMING	7:00-7:45AM OPEN	7:00-7:45AM OPEN	7:00-7:45AM OPEN	
8:00-8:45AM OPEN	8:00-8:45AM OPEN	8:00-8:45AM OPEN	8:00-8:45AM OPEN	8:00-8:45AM OPEN	8:00-8:45AM OPEN	8:00-8:45AM OPEN
9:00-9:45AM OPEN	9:00-9:45AM OPEN	9:00-9:45AM OPEN	9:00-9:45AM OPEN	9:00-9:45AM OPEN		
10:00-12PM PROGRAMING	10:00-12PM PROGRAMING	10:00-12PM PROGRAMING	10:00-12PM PROGRAMING	10:00-12PM PROGRAMING	9:00AM-2:00PM PROGRAMING	9:00AM-5:00PM PROGRAMING
12:00-12:45PM OPEN	12:00-12:45PM OPEN	12:00-12:45PM OPEN	12:00-12:45PM OPEN	12:00-12:45PM OPEN		
1:00-1:45PM OPEN	1:00-1:45PM OPEN	1:00-1:45PM OPEN	1:00-1:45PM OPEN	1:00-1:45PM OPEN		
2:00-2:45PM OPEN	2:00-2:45PM OPEN	2:00-2:45PM OPEN	2:00-2:45PM OPEN	2:00-2:45PM OPEN	2:00-2:45PM OPEN	
3:00-3:45PM OPEN	3:00-3:45PM OPEN	3:00-3:45PM OPEN	3:00-3:45PM OPEN	3:00-3:45PM OPEN	3:00-3:45PM OPEN	
4:00-4:45PM OPEN	5:00-9:00PM PROGRAMING	5:00-9:00PM PROGRAMING	4:00-4:45PM OPEN	4:00-4:45PM OPEN	4:00-6:00PM PROGRAMING	
5:00-5:45PM OPEN			5:00-5:45PM OPEN	5:00-5:45PM OPEN		
6:00-9:00PM PROGRAMING			6:00-6:45PM OPEN	6:00-6:45PM OPEN		
			7:00-7:45PM OPEN	7:00-9:00PM PROGRAMING		
			8:00-8:45PM OPEN			

To reserve a court please call our front desk at (914) 632-1818

2 courts per period are available - maximum 4 members per court

NEW ROCHELLE YMCA

50 Weyman Ave, New Rochelle, New York 10805

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